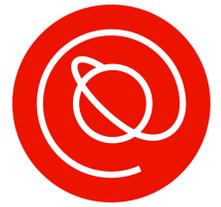


# Free Online Classes for Older Adults!



Senior Planet from AARP is a nonprofit that helps older adults use technology to learn digital skills, stay active, and meet new friends.



[www.seniorplanet.org](http://www.seniorplanet.org)



888-713-3495



- Meet interesting people
  - Learn to use Zoom & video chat
  - Find low-cost internet options
  - Participate in a virtual book club
  - Discover tools for job-searching
  - Exercise with fitness classes like "Morning Stretch" or Tai Chi
- ...and so much more, all for FREE!**

## SENIOR PLANET

FROM **AARP**

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