

**February 2026**

2 - Monday	3 - Tuesday	4 - Wednesday	5 - Thursday	6 - Friday
<b>Stuffed Chicken Breast</b> Brown Rice Pilaf Capri Vegetables Tossed Salad w/ Ranch Dressing Apricots 	<b>Baked Pork Chop w/Gravy</b> California Blend Vegetables WW Dinner Roll Applesauce	<b>Green Chile CheeseBurger</b> Potato Wedges Green Beans Fruit Cocktail 	<b>Breakfast for Lunch</b> Scrambled Eggs Pinto Beans Spinach WW Bread Vanilla Yogurt Blueberries	<b>MeatLoaf</b> Garlic Mashed Potatoes w/Gravy Carrots WW Roll Peach Cobbler 
<b>9 - Monday</b> <b>Steak Ranchero</b> Pinto Beans Calabacitas Tortilla Peaches	<b>10 - Tuesday</b> <b>Chicken Fried Chicken w/Gravy</b> Carrot Raisin Salad Collard Greens Cornbread Pears 	<b>11 - Wednesday</b> <b>Orange Chicken</b> Brown Rice Asian Vegetables Mandarin Orange	<b>12 - Thursday</b> <b>Open- Faced Turkey Sandwich</b> Mashed Potato Roasted Brussel Sprouts Banana 	<b>13 - Friday</b> <b>Tamale</b> Pinto Beans Spanish Slaw Flour Tortilla Tropical Fruit Salad
<b>16 - Monday</b> <b>"CENTER CLOSED"</b> 	<b>17- Tuesday</b> <b>BBQ Chicken Thighs</b> Winter Vegetables Three Bean Salad Cornbread Orange	<b>18 - Wednesday</b> <b>Chile Relleno</b> Pinto Beans Capri Vegetables Pineapple Tidbits 	<b>19 - Thursday</b> <b>Beef Tips</b> Mashed Potatoes Broccoli Buttermilk Biscuit Tossed Salad w/Italian Dressing Strawberries & Bananas	<b>20 - Friday</b> <b>Red Chile Cheese Enchiladas</b> Lettuce & Tomato Pinto Beans Chateau Blend Apricots
<b>23 - Monday</b> <b>Country Fried Steak</b> Baked Potato Green Beans WW Roll Spiced Peaches 	<b>24 - Tuesday</b> <b>Chicken Tacos</b> Cheese, Lettuce & Tomato Pinto Beans Zucchini & Diced Tomatoes Grapes Peanut Butter Cookie	<b>25 - Wednesday</b> <b>Spaghetti w/Meat Sauce</b> Italian Blend Vegetables Tossed Salad w/ Ranch Dressing Applesauce 	<b>26 - Thursday</b> <b>Sweet N Sour Pork</b> Oriental Vegetables Brown Rice Vegetable Egg Roll Mandarin Orange	<b>27- Friday</b> <b>Tuna Noodle Casserole</b> Tossed Salad w/Italian Dressing WW Roll Pear 
				1% Low Fat Milk Served Daily  Chocolate Milk Served on Fridays  Menu Subject to Change

**Congregate Lunch is Served from 11:00 am - 12:30 pm**  
**Only whole fruit, rolls, or cookies can be taken out,**  
**NO MILK IS TO BE TAKEN OUT OF THE DINING ROOM!!!**

*\*Our monthly menus are verified by a dietitian in order to ensure that nutritional standards are met.\**